



ATSICHS Mackay July 2021

NDIS

The National Disability Insurance Scheme (NDIS) supports people with a disability, their families and carers. People with a disability are provided with funding to pay for services, equipment and supports needed to improve their independence and quality of life.

ATSICHS Mackay is a registered NDIS Provider. We offer a range of supports, including support coordination, assistance with daily living, social/community participation and transport. We specialise in providing culturally appropriate services for our people.

If you are already an NDIS participant, contact our friendly NDIS Manager, Ruth who will be able to speak with you about how we can support you with range of culturally appropriate services including:

- Assistance to access community, social and recreational activities



Macca - NDIS Participant

- Assistance with self-care activities
- Transport
- Yard Maintenance
- Clinical Services
- Community Nursing
- Social & Emotional Wellbeing Services

If you are unsure about your eligibility contact us today to find out.

Meet Macca & Ross

Macca is an NDIS client and Ross is one of our friendly Support Workers. You will often see them out and about engaging and working in the community. The first project Ross and Macca worked on was gurnying Macca's roadway gutter. Macca was very happy with the end result. With Macca's eagerness to assist others, this small project stemmed from there.

Macca and Ross began visiting the homes of community elders to provide a gurney service. Some of the places had excess mould on the footpaths, steps and driveways which highlighted 2 safety risks. Firstly, slips, trips and falls and secondly the potential health risk of living with mould.

They have also provided services for Summer House which is a kindergarten for disabled children. Carrying out the gurnying of paths and painting children's tables and chairs in a colourful manner. Sporting Wheelies and the Homebush Boarding Kennels have also benefited from the services of Macca.



REGISTERED
NDIS
PROVIDER

Our NDIS Team

- Paula - Support Coordinator
- Ruth - NDIS Team Manager
- Veronica - Support Coordinator



Mabo Day

Mabo Day was an amazing day for all involved. There was a great turn out from the Mackay and Sarina communities for this special celebration.



We were blessed and honored to have some of our elders attend and also guest speakers and flag bearers and our youth that took part which was extraordinary and very important symbolising the passing down of knowledge to the younger generation.



Because of COVID 19 our community hungered for culture and a sense of togetherness, what better way to bring families together mata meke kai kai, play music, sing, and dance



Mackay Show 2021

The Womens Group had a lovely morning attending the Mackay Show.



With entries in the Arts & Crafts Pavilion it was a lovely surprise for the ladies to find the overall Champion prize winner was their very own Lesley Sabbo with her stunning Peacock Embroidery.



Lesley also recieved two prizes for her Diamond Dot entries and Crochet Spider Man rug. Well Done Lesley.



Community Day

The Deadly Choices Community Day was held at the Mackay Showgrounds on Wednesday 30th June 2021.



The event was well attended and enjoyed by all the kids, young and old. With information stalls, activities, rides, entertainment and lunch, it provided some holiday fun for families.



Deadly Choices - What's Happening



The Deadly Choices have been busy this term. We are currently facilitating the Healthy Lifestyle, Tobacco and Good Quick Tukka programs at 20 different schools across the Mackay and Whitsunday region.

Being engaged in the community is a major part of our services and we were happy to be involved with the following Primary schools for Under 8's Day- Victoria Park State School, Eimeo Road State School and Fitzgerald State School. Later this month we look forward to helping Mackay State High School celebrate Reconciliation Week and Pioneer State High School's Naidoc Day celebrations.

Senior Leadership Camp

Each year the Deadly Choices team organise a senior leadership camp for our indigenous students throughout the region. Students who have good attendance, are well behaved at school and show leadership skills are invited to join us.

This year we also invited The Rockhampton and Hervey Bay Deadly Choices team to join us at the Seaforth Pines Camp. Together we had 40 students come together and enjoyed a 3 day camp. They were excellently behaved and we look forward to organising another camp in the future.



Clontarf Foundation

Mackay State High School have a Clontarf Foundation for Indigenous young men and invited our male workers to be mentors throughout this term and moving forward they would like for them to be a part of the program on going.



MR & MISS NAIDOC

Mr & Miss NAIDOC 2021 was one of the highlight events of the NAIDOC 2021 calendar this year. Crowning winners proved to be a very difficult job for judges when the young ones presented so much class, knowledge and talent. Congratulations to all the enterants.



Left to Right: Ronnie-Lee Bone, Desai Tomarra, Melenna Daniel, Jayla Yasserie, Merrileen Towler, Joshua Yow Yeh, Lainey Wilson, Kianna Warcon



Elders Evening

Our elders attended a lovely evening on Saturday 15th May at the Ocean International Hotel. Guests enjoyed an evening of entertainment and delicious food before they danced the evening away. Special thanks to Aunty V and Jess for organising this wonderful event.



NAIDOC 2021

NAIDOC Week 2021 was bigger and better than ever. After missing out last year the community was excited to come together to celebrate pride and culture. The week was full of activities, the Council held the official Flag Raising ceremony at MRC Precinct. The Family Day on Queens Park was filled with traditional dancing and food. The March through the city heart was well attended with people and beautifully decorated floats.



UPDATE FROM THE FINANCE & ADMIN TEAM

Welcome to the new financial and tax year here in Australia! Such a busy time for our team, lodging and reconciling all things tax and payroll and undergoing our annual financial statement audit. Everything is completed electronically these days and our staff can lodge their own tax through their MyGov accounts if they choose to do so themselves (as can anyone with a MyGov account in Australia). We came through another successful quality accreditation audit, thanks to the hard work of our staff and coordinated by Nadine Bellear.

Did you know that you can teach yourself how to use one of the most common accounting software packages in Australia – MYOB? All you need is a device (preferably a computer), internet and some time. Start here and follow the prompts to download the software: <https://www.myob.com/au/accounting-software/free-trial> . Then you can create a free account and sign up for FREE tutorial programs which teach you how to enter invoices, record payments, reconcile bank accounts, produce reports and so much more!

Do You Have Children?

Did you know that we also offer a FREE brain development program for 0-5 year olds? This has been developed in house by our own staff and was delivered at some of our playgroup sessions a few years ago. If you are interested in our program, please contact Carolina Mazza who is in charge of our playgroup; alternatively you can contact our Child and Maternal health team. In the meantime, we leave you with a picture of a 3 month old baby enjoying his maths stimulus (which is a part of the brain development program).

Look after yourselves, be kind. Warm wishes until next time.



PROGRAMS

ATSICHS Mackay offer a range of programs and services. Starting in July we will continue with the Steppin' it out Sistas program. A walking group for woman of all abilities. Suzie and Pat from the Alcohol and Other Drugs team will continue the BBQ Breakfast both in Mackay and Sarina. Pop down and say G'day to Suzie and Pat and enjoy a BBQ Breakfast. The AODS team also hold a Womens Healing Group each Wednesday that is great source of infomation, connection and support for women experiencing difficulties with alcohol or drugs.

Steppin' it out Sistas



20 July - 9am
Botanical Gardens - Meet at Cafe

27th July - 9am
Goose Ponds - Meet John Breen Park (near Skate Park)

3rd July - 9am
Riverside to Canelands - Meet near Fish Bones

17th August - 9am
Far Beach Walk - Meet near Ocean International (Bridge Rd)

24th August - 9am
Harbour Wall - Meet at Restaurant near entrance

31st August - 9am
Far Beach Walk - Meet near Ocean International (Bridge Rd)

7th September - 9am
Boat Ramp to Beach - Meet at Boat Ramp

21st September - 9am
Harbour Walk - Meet at Surf Club

28th September - 9am
Goose Ponds - Meet at Willets Rd Park

5th October - 9am
Outskirts of City - Meet Parkside Plaza

If it is raining at any time for our walking group, we will continue to walk but location will be changed to Canelands--- meet at Terry White Chemist.

Shaz White
Ph: 0483 219



BBQ Breakfast



9AM
EVERY MONDAY (EXCLUDING PUBLIC HOLIDAYS)
BLUEWATER QUAY, BBQ FACILITIES
RIVER STREET, MACKAY

Are you looking for options to address alcohol and drug concerns?
There may be questions you can ask to guide you

FOR MORE INFORMATION
Jason (Vinnies) 04 3827 6278
Suzie Penney (ATSICHS Mackay) 04 3863 2920
Joyce Murphy (Drug ARM) 07 3620 8880

HOSTED BY





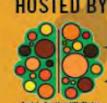

SARINA BBQ Breakfast

9AM
EVERY FIRST & FOURTH THURSDAY OF THE MONTH
(EXCLUDING PUBLIC HOLIDAYS)
SARINA FIELDS OF DREAMS
1 RAILWAY SQUARE, SARINA QLD

Are you looking for options to address any alcohol and drug concerns?
There may be questions you can ask to guide you

FOR MORE INFORMATION CONTACT
Jason (Vinnies) 04 3827 6278
Suzie Penney (ATSICHS Mackay) 04 3863 2920
Joyce Murphy (Drug ARM) 07 3620 8880

HOSTED BY







WOMENS HEALING GROUP

FOR WOMEN EXPERIENCING DIFFICULTIES WITH AOD ISSUES.



GROUP ACTIVITIES:

- VISION BOARDS
- ARTS & CRAFTS
- PAINTING
- WEAVING
- YARNING CIRCLE
- BINGO
- D.V. GAMES
- EDUCATION

WEDNESDAYS
YUWI YUMBA CULTURAL HUB
9 RIVER STREET, MACKAY
10:00 AM - 1:00 PM
LUNCH PROVIDED

BOOKINGS ARE ESSENTIAL TO ATTEND
PLEASE CONTACT:
SUZIE: 0438 632 920 OR
PAT: 0438 741 595




ATSICHS Mackay Ltd
31 - 33 Victoria Street, Mackay QLD 4740
Phone: (07) 4957 9400

Social Emotional Wellbeing
10 Carlyle Street, Mackay QLD 4740
Phone: (07) 4957 9437

Deadly Choices
10 Carlyle Street, Mackay QLD 4740
Phone: (07) 4957 9400