

Health does not only signify the physical well being but includes social, emotional, spiritual and cultural well being of yourself, your family and the whole community in which we reside. This is what we perceive and acknowledge as Indigenous people.

As an Aboriginal and Torres Strait Islander Community Health Service we strive to promote, provide and accomplish healthy services to our community.



ADDRESS

10 Carlyle Street
Mackay QLD 4740
Phone: (07) 4957 9400

OPENING HOURS

Monday: 8:30am - 4:30pm
Tuesday: 8:30am - 4:30pm
Wednesday: 8:30am - 4:30pm
Thursday: 8:30am - 4:30pm
Friday: 8:30am - 4:30pm
Saturday: CLOSED
Sunday: CLOSED

AFTER HOURS

Refer to the emergency department at
Mackay Base Hospital
(Bridge Road, Mackay)
Phone: (07) 4885 6000



Aboriginal & Torres Strait Islander
Community Health Service Mackay Ltd

SEWBU

(Social Emotional Wellbeing Unit)



INTRODUCTION

The aboriginal and Torres Strait Island Community Health Service Mackay Ltd (ATSICHS) commenced in 1978 from a community initiative.

The vision was for the improvement of Aboriginal and Torres Strait Islander people in the Mackay region.

The ATSICHS Mackay Ltd region includes the areas of Mackay, Pioneer, Proserpine, Belyando, Mirani, Nebo, Broadsound, Sarina and Bowen.

The Aboriginal and Torres Strait Islander Community Health Service Mackay Ltd is community controlled and receives funding from the Department of Health. The services we offer address the health issues in our community with a large focus on prevention, education and effective management in a culturally appropriate way.

The SEWBU was established to provide intensive support through early intervention services to ensure the wellbeing of children and families.

Our focus is to strengthen families to raise healthy and resilient infants, children and young people through the delivery of culturally appropriate programs, support groups and training.

OUR SEWBU TEAM

- Social Emotional Wellbeing Social Worker
- Child and Maternal Mental Health Social Worker
- Suicide Prevention
- Mental Health
- Alcohol and Other Drugs Officer
- Community Support Worker

ACTIVITIES

- Referral pathways
- Health Promotions
- Lifestyle Skills
- Training
- Stolen Generation Issues
- Counselling
- Grief Counselling
- Adult Counselling/Support
- Adolescence Counselling/Support
- Child Counselling/Support
- Lesbian/Gay (LGBTI)
- Referral Pathways
- Positive Parenting Program
- Deadly Thinking
- Creative Therapies
- Mental Health Counselling
- School Counselling
- Outreach

CAN BE ARRANGED IN GROUPS OR INDIVIDUALLY

